

*Rump roast dinner with baked onions, sliced potatoes*

*Bake rump roast at 350 until done. Add sliced yellow onions and peeled Idaho potatoes wedges.*

*Meatloaf*

*Pounds of ground chuck, seasoned with lawrey's, add diced onion, beaten egg, bread crumbs. Bake in 350 oven for one hour? Serve with ketchup*

*Chile Mac*

*Boil, drain elbow macaroni. Add Campbell's chili to top. Optional: shredded cheese*

*Grilled cheese*

*Butter 2 slices of white bread and fry in pan. Put Velveeta or cheese slices on bread, melt and serve*

*Fried egg sandwich*

*Melt butter, fry egg, flip over, and serve on white bread with ketchup, lettuce optional.*

*Leftover meat, potatoes, vegetable with eggs in pan*

*Cut up leftover roast/meat, potatoes, vegetables, fry in butter, salt, pepper, whip 3 or 4 eggs and add, fry.*

*Hamburger*

*Ground chuck, egg, cracker, bread crumbs, lawrey's seasoning, onions, make patties ahead of time and separate with waxed paper, refrigerate, fry in pan, serve on hamburger buns. Serve with pickle cauliflower mix*