



Ketchup Stew

From Brian

- Dice one medium to large size onion
- Brown onion in margarine
- Add one pound beef for "chop Suey", salt, and pepper
- Brown meat
- Add one teaspoon beef bouillon
- Add one teaspoon Lachoy soy sauce
- Add 14 ounces Ketchup
- Add one cup water, washing ketchup bottle with water
- Simmer 45 minutes to an hour to desired tenderness

Good with boiled potatoes and cream corn!

Makes two (2) good size medium servings.