



## Beef Stew

From Brian



- Dice one medium to large size onion
- Brown onion in margarine
- Add one pound beef for "Chop Suey", salt, and pepper
- Brown meat
- Add one teaspoon beef bouillon
- Add one teaspoon La Choy soy sauce
- Add one cup water
- Simmer 45 minutes to an hour to desired tenderness
- Add one 10.5 ounce can Franco American beef gravy
- Add one packet of brown gravy mix to thicken gravy
- Let simmer until gravy thickens
- Maybe add more gravy mix to thicken to your desire

Good with boiled noodles of your liking and peas on the side.

Makes two (2) good medium sized servings.

